



HAMPSHIRE TALENTED ATHLETE SCHEME (HTAS)

Sports and Criteria



HAMPSHIRE TALENTED ATHLETE SCHEME (HTAS)

HTAS Member

- Sport Science Workshop
- Sports Science Online platform
- Fast Track Physiotherapy (for an annual fee)

HTAS Extended Member

- Free Access to participating leisure centres
- Sport Science Workshop
- Sports Science Online platform
- Fast Track Physiotherapy (for an annual fee)

HTAS ELIGIBLE SPORTS

- Archery
- Artistic Swimming
- Athletics
- Badminton
- Basketball
- Bowls
- Boxing
- Climbing
- Cricket (Disability)
- Cricket (Women's)
- Cycling
- Diving
- Equestrian
- Fencing
- Flag Football
- Football (Women's)
- Golf
- Gymnastics
- Handball
- Hockey
- Ice Hockey (Men's)
- Ice Hockey (Women's)
- Ice Skating
- Judo
- Lacrosse
- Modern Pentathlon
- Netball
- Paddlesport
- Para Equestrian
- Para Powerlifting
- Para Swimming
- Rowing
- Rugby Union (Men's)
- Rugby Union (Women's)
- Sailing
- Skateboarding
- Snowsport
- Squash
- Swimming
- Table Tennis
- Taekwondo
- Tennis
- Triathlon
- Volleyball
- Water Polo
- Weightlifting
- Wheelchair Rugby
- Wrestling

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Archery Able-bodied - Recurve Disability - Recurve + Compound	Archery GB	Member of Archery GB Conversion Academy, Para Academy or National Age Group academy	County level
Artistic Swimming	British Swimming / Swim England	Youth Great Britain or England Youth squad. (Athletes aged 13-15)	County or regional level
Athletics	UK Athletics	A top 15 ranked national performer with a top 15 result from a national championship. (Except Marathon, where they just need a top 15 ranking) Aged 13+	County or regional level

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Badminton	Badminton England	A top 15 ranked national performer in their year group (i.e., U13, U14, U15 level etc) or in Senior National Rankings. Parabadminton players - Top 35 in World Rankings within a classification but not a member of a National Squad. Or Current UK Championship medallist.	A top 30 ranked national performer in their year group (i.e., U13, U14, U15 level etc) or in Senior National Rankings. Parabadminton players - Top 50 in World Rankings within a classification but not a member of a National Squad.
Basketball (5-game and 3x3)	Basketball England	U15 Super Region Squad U13 Super Region Squad	Aspire, Super Region, Aspire All-Star, Home Nations at u13, u15, u17 Aspire Skills Camps

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Bowls Indoor and Outdoor	England Bowls	National Championships held annually – last 16. Winner or R/U in County Singles, Junior Singles, Two Wood Singles and Champion of Champions. Member of County teams in events like Liberty and Johns trophy, Middleton Cup, Balcomb Trophy or Walker Cup. Top 15 ranked Men or Ladies EIBA Ranking System	Winner or R/U of County Under 25 Singles Winner of County EBYDS Final S/F in County Championships
Boxing	NGB England Boxing	Winner of the England Boxing Championship final or NAGBC final	Competed in a regional final (Southern Counties final)

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Climbing	British Mountaineering Council (BMC)	A member of the GB England or GB Scotland regional squad with two or more top 10 placings at National Competitions (12+)	Domestic podium success at the Youth Climbing Series Grand Final (10+)
Cricket (Disability)	England and Wales Cricket Board (ECB)	D40 – county programme	County Teams
Cricket (Women's)	England and Wales Cricket Board (ECB)	CAG U18s inclusion	CAG U11-15s inclusion
Cycling	British Cycling	Attendee of Regional School of Racing with a top 15 ranking with results from a national championship (only road and track) Aged 12+	Attendee of the Regional School of Racing (Maximum age U16's) Attendee of DCs (BMX Freestyle Park only)

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Diving	British Swimming	A top 15 ranked national performer at age group level Aged 11+	National age group diver, or top 10 ranked at National skills
Equestrian	NGB British Equestrian Federation	Discipline National Academy Youth programmes	Regional Youth pathway programme level and endorsed by NGB
Fencing	British Fencing	Top 15 ranked performer (U17, U20, U23, and senior)	County or regional level
Flag Football	NGB British American Football	Senior Flag Pathway (U21's, GB silver lions, GB gold lions)	U17s Team

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Football (Women's)	Football Association (FA)	Either Professional Game Academy National Squad representation	Emerging Talent Centres
Golf	England Golf	Professional Tour Players with playing privileges on the LET, LET Access, DP World or Challenge Tours or higher. England Golf National Squad members or players picked to play in a national team in the last year	County Level or Regional Squad Level players with National potential, top 50 in the England Golf Order of Merit in the previous year.
Gymnastics	British Gymnastics	A top 15 ranked national performer or member of a national squad. Aged 11+	County or regional level

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Handball	British Handball / England Handball	Selected for the England Handball DiSE programme – National Training Academy	n/a
Hockey	England Hockey	Either England Age Group Players – U16 & U18 Played in the Talent Academy (U15 - U18) DiSE Programme	Junior County Hockey – Representative
Ice Hockey (Men's)	English Ice Hockey Association	Member of England team/ Squad at U13 / U14 / U15	County and regional level
Ice Hockey (Women's)	English Ice Hockey Association	Member of Great Britain Under 18s team aged 15+ South England Regional Senior Team aged 16+ South England Regional U16's Team aged 13+	n/a

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Ice Skating	National Ice-Skating Association	Attendance at the British Championships	Attendance at a British Qualifying Event
Judo	British Judo Association	National Level Competitor (Top 7 National Championships) National Squad potential NGB identified potential	County or regional level
Lacrosse	England Lacrosse	National Aspire Squad or England Indoor Box Performance Squad England Field Performance Squad	Regional Aspire Squad
Modern Pentathlon	GB Pentathlon	Top 15 in each age group from the National Championships	County or regional level

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Netball	England Netball	Member of Netball Performance League team (London Pulse U19 or Power Pulse U19 or similar) or member of an AoC Netball Squad or Roses Academy Potential Group athlete	Member of a Franchise Player Pathway Programme (London Pulse U19 or Power Pulse U19 or similar)
Paddlesport	Paddle UK	A top 15 ranked national performer or member of a national squad. Aged 11+	County or regional level
Para Equestrian	British Equestrian Federation	Member of National Para Academy programme	Member of regional BEF Para Entry pathway programme and endorsed by NGB

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Para Powerlifting	British Weightlifting	GB Exploration Squad	County Level
Para Swimming	British Swimming	Swim England Talent Programme	Regional Level
Rowing	British Rowing	Juniors 15 – 18 Selected for Coupe de la Jeunesse Team. Seniors: Selected for Home Countries Juniors: 15 – 18 Selected for GB vs France Match Selected for Junior Home Countries Team	n/a
Men's Rugby Union	Rugby Football Union	Academy player (Foundation or Development phase)	County (U17 & U18)

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Women's Rugby Union	Rugby Football Union	PDG player (U16 or U18 – Hampshire or England)	County (U18 – Not PDG)
Sailing	Royal Yachting Association (RYA)	Youth Level: Top 15 at RYA Youth Nationals Junior Level: National Ranking of 10-17 (May be subject to a review based on smaller classes)	Youth Level: Top 25 at RYA Youth Nationals Junior Level: National ranking of top 18-24 (May be subject to a review based on smaller classes)
Skateboarding	Skateboard GB	Email us for details info@energiseme.org	Email us for details info@energiseme.org

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Snowsport Skiing and Snowboarding	Skiing and Snowboarding	Either SE Programme Athlete (Alpine squad / Park & Pipe Squads / Dryslope Ambassador / DiSE programme) Top 10 in age group at English Championships Top 15 in age group at GBR series (or equivalent events in Park & Pipe / Ski & SB Cross/ Nordic)	Either Top 10 at Club National races (Or equivalent events in Park & Pipe / Ski & SB Cross / Nordic) Top 20 in age group at English Championships
Squash	England Squash	A top 15 ranked national performer and/or member of the England Potential programme. Adults – Competing on PSA	County or Aspire Programme

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Swimming	Aquatics GB	A top 15 ranked national performer or member of a national programme (Aquatics GB and Swim England Talent Programme (This doesn't include Hampshire Talent Programme)). Para: Swim England Talent Programme	County or regional level
Table Tennis	Table Tennis England	Top 15 players in U13, cadets and juniors, seniors	County or regional level
Taekwondo	GB Taekwondo	Member of the National Cadet Squad (British Taekwondo) Aged 11+	n/a

Sport	National Governing Body	HTAS Extended Member	HTAS Member
Tennis	Lawn Tennis Association (LTA)	Ranking – top 30 in any age group	Players representing Hampshire in the County Cup competition
Triathlon	British Triathlon	Athlete in top 15 of National Elite Series or athlete racing at European Cup level internationally. Aged 14+	Member of a regional talent academy or competing at that level
Volleyball	Volleyball England	Either England Junior National Team Squad Member of the England Talent Pathway	County or regional level
Water Polo	Swim England/ British Swimming	England U18 / U16	Regional and National Talent Centre athletes

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Weightlifting	British Weightlifting	Either A member of a BWL national age-group squad A talent transfer programme member A top 5 national senior ranking A medallist at the British age-group championships	Either A member of a BWL regional age-group squad (not including regional foundations) A top 8 national senior ranking A top 5 finish at the British age-group championships.
Wheelchair Rugby	Great Britain Wheelchair Rugby	Playing a good standard of wheelchair rugby at domestic competitions. Identified as potential talent by the GBWR Talent programme.	n/a
Wrestling	British Wrestling	National Potential Squad(s)	HTAS Member Regional Squad – 13 and under, 15 and under, 17 and under

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Fast Track Physiotherapy

For an annual fee of £60 we provide a Fast Track Physiotherapy service.

You can select a physio when you make your application or you can email us at any point during your HTAS membership to sign up to the service. Please note that we cannot provide support for existing injuries, and your annual payment covers up to six appointments (including initial assessment) per injury.

Physiotherapy cover begins one month after the date that you pay the fee.

The physiotherapists in the HTAS scheme are:

- Back on Track - Andover
- Fleet Physiotherapy - Fleet
- LB Health Care - Fareham
- Up and Running Sports - Portsmouth
- Winchester Health Clinic - Winchester



**For more information, please
contact info@energiseme.org**

**To apply, visit our website
energiseme.org/htas**

