



GET GOING GOSPORT!

Information session 24th June 2026



WELCOME

To maximise your engagement and enjoyment of this session



All attendees are automatically 'muted' during presentations to avoid background noise.



Please share comments and questions using the chat box.



This webinar will be recorded. By remaining in this session you consent to being recorded.



ABOUT ENERGISE ME

We are an Active Partnership (charity) funded by Sport England to help Hampshire and Isle of Wight communities live active lives.

We are the custodian of the We Can Be Active Strategy. This is a county-wide strategy consisting of five broad goals that summarise what local people need to be active. Shaped in consultation with 800 professionals and individuals.

Our role is to support others, encourage collaboration, and to focus on engaging underrepresented communities in physical activity and sport. We do this by being:

- **Curious about what stops people from being active.**
- **Open to different ideas and perspectives.**
- **Creative in how we do things and who we work with.**
- **Bold in taking risks and speaking out about things that need to change.**

ABOUT GET GOING GOSPORT!

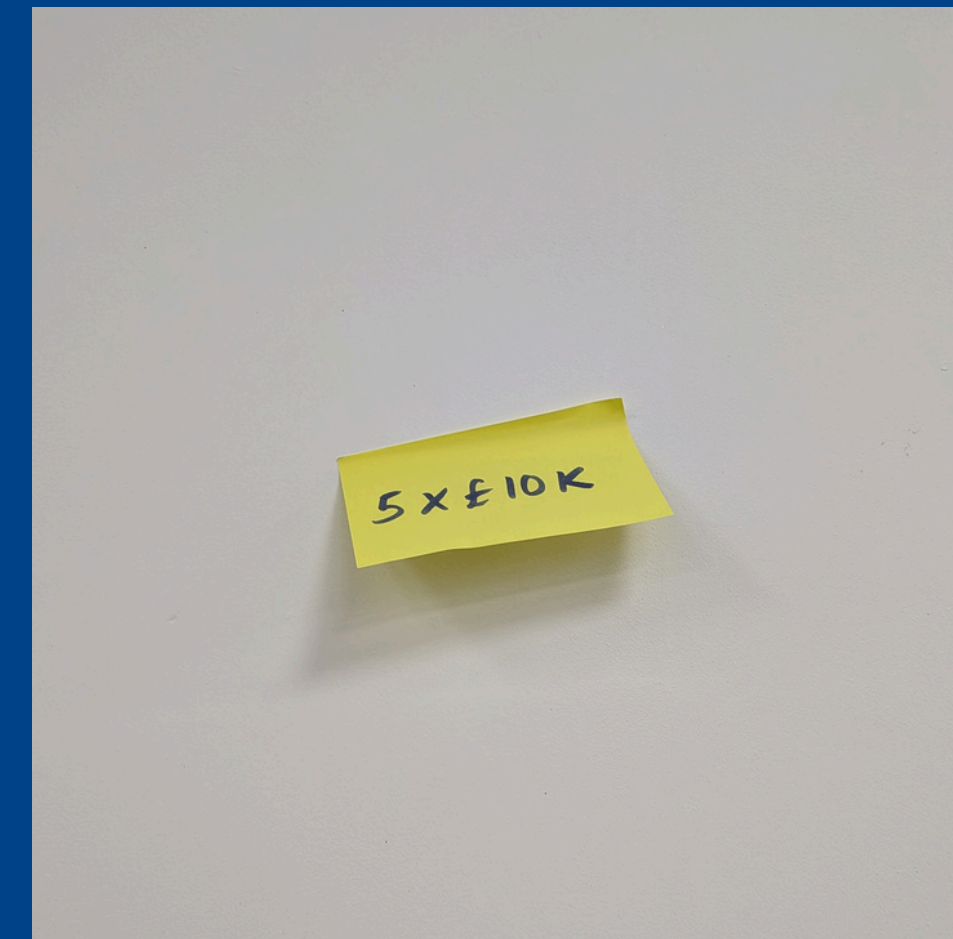
Five grants of £10,000

are available to support the residents of Gosport to know about, feel ready for, and participate in physical activity.

Applications for **Get Going Gosport!** fund close on **17th July 2026**.

Visit the [Energise Me](#) website to learn how to apply.

- It's the first of its kind in Hampshire.
- Designed by local people to address community needs.
- Can be used to fund physical activity delivery, pre-delivery or signposting.
- Open to activity providers, not-for-profit organisations, community groups and clubs, social enterprises, organisations, and individuals.



WHY IS THIS DIFFERENT?

“**Participatory grantmaking** cedes decision-making power about funding - including the strategy and criteria behind those decisions - to the very community that funders aim to serve.”

- learning from the lived experiences of local people
- skill building for the panel
- local projects that meet local needs
- learning for Energise Me & other funders



WHO, WHAT, AND WHERE

Priority Communities

Children with SEND
Neurodivergent people
Carers
People with experience of addiction
People with experience of mental ill health
People living in insecure/temporary housing

Types of Projects

Pre-delivery (helping people feel ready to be active)
Delivery (helping people be active)
Signposting (helping people know about activity opportunities)

Priority Locations

Bridgemary Town

WHO CAN APPLY?

The panel would prefer grantees to be already working in or familiar with Gosport, or demonstrate that they are the best organisation to deliver that work.

We welcome applications from all organisation types. Such as:

- Activity providers.
- Not-for-profit organisations, community groups or clubs, charities and social enterprises.
- Local organisations.
- Individuals can apply but they will need to show how they can keep participants safe and put in place structures to assess and mitigate risk.

WHO CAN APPLY?

17. Please confirm which of the following you/your organisation has in place. *

Those that are shortlisted will need to provide evidence of these. If you do not have all of these, or you are unsure, please get in touch with grants@energiseme.org and we can work together to determine eligibility and what you may need to evidence.

- Safeguarding policy/policies
- Liability insurance
- Registered with companies house and/or charity commission
- Copy of recent accounts
- Appropriate qualifications or licenses (e.g. music licensing if running an event, counselling qualifications if providing that service)
- All of the above
- None of the above

WHAT'S IN & WHAT'S OUT

What can you use the Get Going Gosport! funding for?

- Pre-delivery projects, like buddying schemes or confidence-boosting projects.
- Signposting projects/marketing.
- New or existing physical activity interventions.
- Direct project costs (including equipment).
- Training costs to support the sustainability of the project.
- Travel costs to enable access.
- Salaries or contributions to salaries related to direct delivery of the funded project.
- An appropriate and proportionate share of an organisation's overheads linked to direct delivery of the funded project.

What costs are ineligible for Get Going Gosport! and can't be included?

- Get Going Gosport! funding must not duplicate the purpose of any core or grant funding already held by the applying organisation.
- One-off events.
- Retrospective costs.
- Capital works.
- Activities promoting religious or political beliefs.
- Contingency costs and VAT organisations are seeking to recover.
- Activities serving people living outside of Gosport.

THE PRACTICAL STUFF

▶▶ How much can we apply for?

5 grants of £10,000 are available. This could be 100% of your project costs, or part of it.

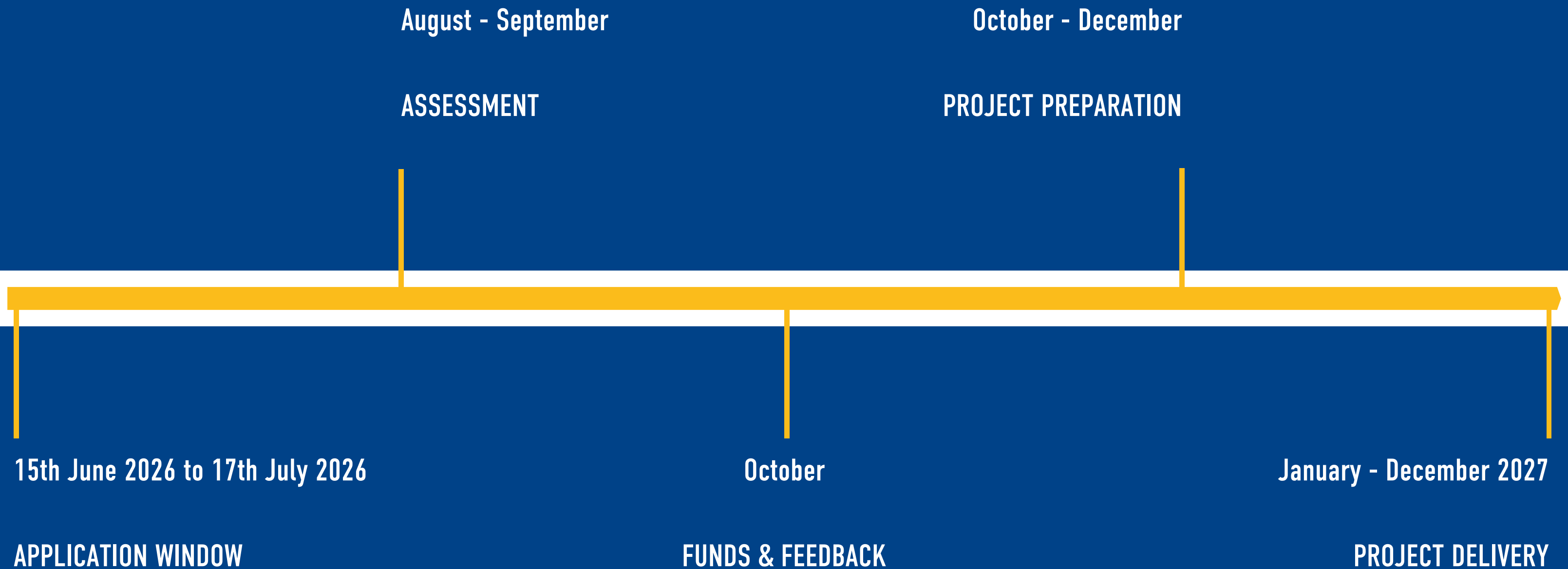
If you are applying for a portion of your overall costs, we might ask how the remainder of the project is funded.

▶▶ How do we apply?

You can apply with a form or a video - more information on what the video should contain is available on the website.



TIMELINE



KEY INGREDIENTS

We will prioritise applications that:

- Are needs-based, insight-led, and person-centred.
- Are co-designed or co-produced alongside the priority audience they are to serve.
- Are rooted in the community (e.g. led by residents, upskill residents, or boost the local economy or system).



FOOD FOR THOUGHT

- participant journey (literally and figuratively!)
- food provision
- accessibility
- partnerships and collaboration
- free or low cost?



MONITORING, EVALUATION, LEARNING

Some reporting will be required, but it will be light-touch and flexible. We'll want to know what you set out to do, what you achieved, and how and why you were able to achieve this. You could send us a report or book a video call with one of the team to tell us about it.

We will also be hosting a series of workforce development events throughout 2027 to support grantees. You'll be expected to attend at least one of these, and we'll work with applicants to design the most useful sessions we can.

We would also like the panel to be able to visit some projects if logistics allow!





**Thanks for joining us.
grants@energiseme.org**