**Introduction**

Energise Me and Sport England have joined forces to support more young people to be active. We want to see:

* Young people being at the heart of creating fun experiences.
* Opportunities that enable them to be active on their own terms and to feel confident in their ability.
* Chances for them to build a positive connection with physical activity.
* Young people encouraged to be active on a regular basis.
* Having access to opportunities that inspire them to make physical activity a habit.
* Something that is part of who they are and what they do, on their own or with friends and family.

**What is an Energise YOUth project?**

They are:

* local activities designed with and by young people
* opportunities that meet young people’s needs, offer a positive experience, and build confidence
* ways of being active that motivate young people to keep coming back.

**Who is this for:**

The aim of the programme is to reach young people who are not taking part in regular physical activity. There could be many different reasons for this. They might be facing challenges and in a vulnerable or disadvantaged position. They might have unsettled lives or may lack confidence.

Our focus is on those who are 11-19 years of age. We understand the barriers that this age group faces in being physically active. But, if your project branches out of the this range, we are happy to discuss this.

Every Energise YOUth project must either link to an existing activity. Or must have potential to grow into a session that carries on itself. The project might turn into something that happens on a regular basis. Or it might run for a fixed length of time with participants moving on to join a similar activity elsewhere.

**How do you apply for funding?**

Local organisations like you can apply for funding to set up and run a project for young people in your area. We ask you to complete this Expression of Interest form. This gives you the chance to tell us about your project. It is not only the planned activity that interests us. We want to know about the wrap around support young people will receive to help them become and stay active.

Please send your completed form via email to: [emma.dovener@energiseme.org](mailto:emma.dovener@energiseme.org).

We will assess proposals against our Energise YOUth aims and principles. If your project idea doesn't quite fit the bill, we will work with you to fine-tune it.

We will contact you within 4 weeks of your expression of interest coming in.

Award of Lottery funding is subject to Sport England approval. They make the final decision on all applications.

1. Lead Organisation Contact Details

|  |  |
| --- | --- |
| **Name:** |  |
| **Role:** |  |
| **Organisation:** |  |
| **Charity No. / Company No.** |  |
| **Postcode:** |  |
| **Website:** |  |
| **Email address:** |  |
| **Telephone number:** |  |

1. Your Organisation

|  |  |
| --- | --- |
| **Type of Organisation:**  **(e.g. registered charity)** |  |
| **Date you were set up:** |  |
| **Where you’re based and areas that you cover:** |  |

|  |
| --- |
| **What services, activities and/or support do you provide for your local community?**  (Less than 250 words)  *If you have a webpage that describes your activities and services, you can link to that* |
|  |

1. Involving Young People

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| --- |
| **How have you identified the need for this project? Tell us how you have involved young people who are not doing physical activity right now in its design.**  (Less than 250 words) |
|  |

|  |  |  |
| --- | --- | --- |
| **How many young people have helped plan and design your project?** | **No. young people** | **Age range** |

1. Your Project

|  |  |
| --- | --- |
| **Name of project:** |  |
| **Target Audience:**  (age range/shared experiences) |  |
| **What would you be delivering with this funding?**  (Type of activity/activities) |  |
| **Where it will take place:**  (Postcode of main venue) |  |
| **How often will you hold the sessions?** |  |
| **Who will be leading the sessions?** |  |
| **Will you charge a fee to attend?**  **If so, how will you reinvest this income?** |  |
| **Planned start date and length of project:** |  |

|  |  |  |
| --- | --- | --- |
| **How many young people do you expect to attend each session?** | **No. young people** | **Age range** |

|  |
| --- |
| **Are you planning to work with any other local organisations to deliver this project?**  **If yes, please tell us a bit about them. Who are they and what role will they play?**  (Less than 250 words) |
|  |

1. Safe and enjoyable experiences

|  |
| --- |
| **How will you look after the safety and welfare of young people?**  We recommend that all safeguarding policies are publicly available for young people/service users to access.  **Please share a weblink to your policies/procedures.**  (Less than 250 words) |
|  |

|  |
| --- |
| **What steps will be in place to make sure you gain and listen to feedback from young people and involve them in key decisions?**  (Less than 250 words) |
|  |

1. Future Plans

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| --- |
| **Are you planning to grow your session into one that carries on?**  **Or have you made a link with an existing activity that participants will join afterwards?**  (Less than 250 words) |
|  |

1. Project Costs

|  |  |
| --- | --- |
| **How much Energise YOUth funding will you be looking for?** | **£** |
| **What percentage of your total project cost is this?** | **%** |

|  |
| --- |
| **Please can you give a short summary of your organisation’s financial position, and why this funding is necessary for your project idea to happen.** For example, it may be that existing funds only cover or are restricted to your core service delivery, that there are no available unrestricted funds, that income has been lost due to the pandemic with planned fundraising events and activities cancelled, etc. We may also request to see a copy of your accounts. **[max. 200 words]** |
|  |

**Expenditure**

Please give a detailed breakdown of your project costs:

|  |  |
| --- | --- |
| **Item description** | **Cost/£** |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
| **TOTAL** |  |

**Income**

Please give details of the sources of income that you will use to cover the above project costs:

|  |  |  |
| --- | --- | --- |
| **Source of Income** | **Funding Contribution/£** | **In Place or Pending?** |
| Partner Funding [Insert organisation] |  |  |
| Partner Funding [Insert organisation] |  |  |
| Other Grant Funding [Insert funder] |  |  |
| Participant Fees |  |  |
| Energise YOUth Grant |  |  |
| **TOTAL:** |  |  |

Next steps

We accept requests for funding throughout the year. Please send your completed Expression of Interest form via email to:

**emma.dovener@energiseme.org**

If you have any questions, please get in touch with Emma Dovener, Programme Manager, Children & Young People:

[emma.dovener@energiseme.org](mailto:emma.dovener@energiseme.org)

07592 383 173

Appendix A – Important Supporting Information

**Counter Fraud**

Sport England takes its role in preventing and detecting fraud very seriously and takes a zero-tolerance approach to those who seek to commit an act of fraud, theft, corruption or bribery against them. They might use personal information provided by you to conduct appropriate identity checks. Personal information that you provide may be disclosed to a credit reference or fraud prevention agency, which may keep a record of that information.

It is the responsibility of the organisation applying to ensure all information contained in the application is accurate. If you provide false or inaccurate information in your application or at any point in the life of any funding Sport England awards you and fraud is identified, they will provide details to fraud prevention agencies to prevent fraud and money laundering. If you are a company this will include the names of the Company Directors at the time of the fraud. You must undertake to inform all Directors, Trustees and Committee members of this notice.

Sport England investigates all allegations of fraud in accordance with our Counter Fraud Strategy which includes seeking both criminal and civil prosecutions.

**Freedom of Information**

As Sport England is a Public Body they are required to comply with The Freedom of Information Act 2000. The Act gives members of the public the right to request any information that they hold. This includes information received from organisations such as:

* grant applicants
* grant holders
* contractors
* people making a complaint.

Some information is exempt from The Act, such as personal details. If information is requested under the Freedom of Information Act Sport England will release it. If you think that information you are providing may be exempt from release, you should let Sport England know when you apply.

**Data Protection**

As Sport England is a Public Body and a registered data controller, they must comply with the Data Protection Act 2018 (“the Act”). They are committed to protecting your privacy and will ensure any personal information is handled properly under the Act.

Purpose

Sport England will use the information you provide in your application form and in supporting documents for:

* assessing applications
* monitoring grants
* evaluating the way their funding programmes work and the effect they have
* reporting statistics to Government.

Data Sharing

They may also give copies of this information to individuals and organisations such as:

* Accountants, auditors and external evaluators
* Other organisations or groups involved in delivering the project
* Other lottery distributors, government departments
* Other organisations and individuals with a legitimate interest in lottery applications and grants
* Other organisations for the prevention and detection of fraud
* Our contractors, processors or agents who may be engaged by us to provide support services to enable us to fulfil the purposes set out above.

Data Retention

They shall retain the personal data provided by you in accordance with the terms of their file retention schedule based on the categories outlined below:

* Successful revenue applications – 6 years
* Unsuccessful application – 2 years
* Withdrawn applications – 1 year.

Data Storage

Energise Me and Sport England store any personal data within the UK or EEA.