



VIRTUAL SKIPPING COMPETITION

KS 1 & 2

Competition Intent: To develop healthy behaviours and attitudes



During the Summer Term 2023, the Hampshire School Games Organisers are challenging pupils in Hampshire to see how many times they can jump over a rope in:

- KS1 – how many skips can you do in 30 seconds
- KS2 – how many skips can you do in 60 seconds

The challenge can be completed anytime in Summer Term 2023.

Why not have a go each day and try to beat your score!

Schools can send in the top 5 boys and 5 girls highest scores in each year group to be entered into the Hampshire Schools Skipping Challenge for the chance to be crowned County Champions!