Introduction

Energise Me strives to ensure everyone has the confidence, support, and opportunity to be active. To achieve this, we need a diverse team with the knowledge and passion to make physical activity and sport more welcoming and accessible to all.

It's important to us that we reach a diverse pool of candidates. If we're not achieving this, or we are and this isn't reflected in our team, then we need to change our processes.

Completing this form will help us ensure fairness, consistency, and equality of opportunity.

The information in this form is confidential and we will only use it for monitoring purposes. Nobody involved in the shortlisting or interview panels will see this form.

Thank you for helping us build the truly inclusive work environment that we want Energise Me to be.

Please email your completed monitoring form with your application form to [recruitment@energiseme.org](mailto:recruitment@energiseme.org).

Gender

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Man | Woman | Intersex | Non-binary | Prefer not to say |
| If you prefer to use your own term, please specify here: | | |  | |

Are you married or in a civil partnership?

|  |  |  |
| --- | --- | --- |
| Yes | No | Prefer not to say |

Age

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 16-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |
| 50-54 | 55-59 | 60-64 | 65+ | Prefer not to say | |

What is your ethnicity?

Ethnic origin is not about nationality, place of birth or citizenship. It is about the group to which you perceive you belong. Please check the appropriate box.

**White**

|  |  |  |  |
| --- | --- | --- | --- |
| English | Welsh | Scottish | Northern Irish |
| Irish | British | Gypsy or Irish Traveller | Prefer not to say |
| Any other white background, please write in: | |  | |

**Mixed/multiple ethnic groups**

|  |  |  |  |
| --- | --- | --- | --- |
| White and Black Caribbean | White and Black African | White and Asian | Prefer not to say |
| Any other mixed background, please write in: | |  | |

**Asian/Asian British**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Indian | Pakistani | Bangladeshi | Chinese | Prefer not to say |
| Any other Asian background, please write in: | | |  | |

**Black/African/Caribbean/Black British**

|  |  |  |  |
| --- | --- | --- | --- |
| African | Caribbean | Prefer not to say |  |
| Any other Black/African/Caribbean background, please write in: | |  | |

**Other ethnic group**

|  |  |  |  |
| --- | --- | --- | --- |
| Arab | Prefer not to say |  |  |
| Any other ethnic group, please write in: | |  | |

Do you consider yourself to have a disability or health condition?

|  |  |  |
| --- | --- | --- |
| Yes | No | Prefer not to say |

What is the effect or impact of your disability or health condition on your ability to give your best at work? Please write in here:

|  |
| --- |
|  |

The information in this form is for monitoring purposes only. If you believe you need a ‘reasonable adjustment’, then please discuss this with the person running the recruitment process if you are a job applicant.

What is your sexual orientation?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Heterosexual | Gay | Lesbian | Bisexual | Prefer not to say |
| If you prefer to use your own term, please specify here: | | |  | |

What is your religion or belief?

|  |  |  |  |
| --- | --- | --- | --- |
| No religion or belief | Buddhist | Christian | Hindu |
| Jewish | Muslim | Sikh | Prefer not to say |
| Any other religion or belief, please write in: | |  | |

What is your current working pattern?

|  |  |  |
| --- | --- | --- |
| Full-time | Part-time | Prefer not to say |

What is your flexible working arrangement?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| None | Flexi-time | Staggered hours | | Term-time hours | Annualised hours |
| Job-share | Flexible shifts | Compressed hours | | Homeworking | Prefer not to say |
| If other, please write in: | | |  | | |

Do you have caring responsibilities? If yes, please tick all that apply:

|  |  |
| --- | --- |
| None | Primary carer of a child/children (under 18) |
| Primary carer of disabled child/children | Primary carer of disabled adult (18 and over) |
| Primary carer of older person | Secondary carer (another person carries out the main caring role) |
| Prefer not to say |  |