Project 500 Bursaries

Energise Me are able to award a number of Project 500 bursaries to support female coaches who want to get a new coaching qualification. We support applications from women whether you're doing your very first qualification or if you want to gain a higher level of qualification in your chosen sport or activity. Our aim is to get more women into coaching and help them stay there - continuing to support them in their development is vital to achieving this.

There are a few T&Cs that you need to read through before you apply. If you have any questions at all, then just get in touch with us on the details below.

Conditions for Project 500 bursaries:

- You need to be interested in coaching one of Sport England's recognised sports
- We'd like you to be committed to volunteering at a Hampshire and/or Isle of Wight club, or at coaching sessions linked to Energise Me's objectives.
- We want to inspire more women to do the same, so we want you to help us by providing information/interviews so that we can make inspirational case studies.

When are scholarships awarded?

The panels are held in March, June, September and December of each year. The dates of the panels will be published in the Energise Me newsletters, website and via social media.

How much can you apply for?

Awards are made so that they offset the cost of your training and examination. There are some conditions below, so have a quick read through them:

- Where your application doesn't involve attainment of a recognised award (e.g. mentoring) then you'll need to provide us with clear evidence of the nature, duration and outcomes of your proposed programme.
- The bursary will pay up to 75% of the course cost to a maximum of £500 per applicant. This is at the discretion of the panel and based on the number of applications received. Our Project 500 bursaries are a subset of the wider Energise Me Scheme.

To read the full terms and conditions (which apply to Project 500 bursaries, in addition to what we've listed above) then head to our funding for coaches page on our website where you can download the guidance notes.

Need help? Contact us at info@energiseme.org or call 01962 676165