

National Governing Body Primary School Offers

Introduction

Local National Governing Bodies offer a range of different opportunities for Primary Schools. There are lots of sports programmes to choose from, continuing professional development (CPD) and plenty of other ways you can use your Primary Premium Funding. To find out more follow the links below.

England Hockey

England Hockey is committed to providing a strong primary school sport offer to engage more school children in the game as well as supporting school staff with the skills to deliver the programmes independently.

Quicksticks

England Hockey has designed a simple introductory game for primary schools called [Quicksticks](#). It's a 4 a side game, created especially for 7-11 years olds and it can be played on any surface (indoor or out) using a larger, lighter and safer ball. <http://www.playquicksticks.co.uk/>

Staff CPD Courses

Quicksticks offers [online](#) and practical training for staff. They've been designed to help build confidence in delivery and develop knowledge. England Hockey offer workshops suitable for Primary School staff - [click here](#) for more information and to book. The [Hockey's changed resource](#) is great for helping you choose the right hockey offer for your school.

England Athletics

Run Jump Throw

It's now important for Key Stage 1 and 2 pupils to be taught Running, Jumping and Throwing as core skills for this age group. [England Athletics](#) is committed to supporting Schools and Teachers deliver high quality Running, Jumping and Throwing so that they make the most of their PE and Sport Premium Funding.

Staff CPD

Package 1

- Teacher Support Package: Schools can organise a RUN, JUMP, THROW Teaching Primary Schools Athletics course. This course gives teachers and others working in schools the knowledge, skills and confidence necessary to deliver enjoyable and engaging lessons.
- Package Cost: £750 for a 1 day course for up to 24 candidates (Includes an extensive teaching resource for each delegate).

Package 2

- Teacher Support and Sports Equipment Package: In addition to Package 1 schools can also look to purchase England Athletics Sports Equipment Bag provided by Eveque, a sports equipment provider.
- Package Cost: £1,000-£1,200 (as Package 1 plus an additional £250-£450 for [Sports Equipment Bag](#)).

You can find out more information on teaching athletics in your Primary School [here](#).

Cricket

Hampshire Cricket in the Community offer various packages to provide support for Primary Schools in delivering education and sporting opportunities.

Hampshire Cricket in the Community School Partnerships (HCiTC)

Within the packages there are opportunities to take part in educational trips, cricket coaching and VIP visits to Hampshire T20 matches.

School Partnership Levels

- Bronze** Book HCiTC Schools Products from **ONE** of the delivery areas
- Silver** Book HCiTC Schools Products from **TWO** of the delivery areas
- Gold** Book HCiTC Schools Products from **THREE** of the delivery areas

HCiTC has 4 delivery areas:

- Cricket (Curriculum session, student training, teacher training, competitions)
- Education (Read to succeed, day trips, enterprise education, cross curricular work-based learning, alternative provision and catch up lessons)
- Match day experience (VIP T20 match day, ODI match day)
- Meetings and events (School events, off-site meetings).

Discover more about the offers for schools on the [Hampshire Cricket in the Community website](#).

England Netball

High 5s

High 5s is a hugely popular adaption of netball for children aged 9-11 and can be played by both boys and girls. It's a great way to get kids active, enjoying themselves and making friends. High 5s encourages maximum participation in every aspect of the game and even lets children score and time-keep, as well as enjoying a taste of every position. It boosts fitness and adaptability and provides a great social framework for players to strengthen friendships.

- Find out more about High 5s from the [England Netball website](#)
- England Netball offer **FREE** membership for all Primary Schools. You can register [here](#).

Staff CPD

The High 5 workshop supports teachers and coaches to ensure they are confident and competent to teach High 5 Netball during lessons or in after school clubs helping to improve knowledge of the game and learn innovative ways of delivering the programme.

- Take a look at the [High 5 workshops and courses](#)
- To find a local course or workshop you can browse England Netball's [Netball Finder](#)

Table Tennis

Table Tennis is a fun activity that every child can take part in regardless of age, gender, ability or disability. It's great at engaging children in sport where they can develop simple skills and also enjoy playing competitive games.

England Table Tennis Primary School Offer

- Table Tennis helps develop literacy (hand-to-eye-coordination), has fantastic health benefits and is an attractive sport for pupils who prefer game-based physical activity. [Read more](#) about our schools offers.

Staff CPD

England Table Tennis offer courses specifically for [teachers and leaders](#).

Online Resources

- **Resources:** a variety of resources to help deliver table tennis with limited space and equipment (Butterfly skills manual, circuit cards etc.) can be found [here](#)
- **Competition:** Ideas and resources to help schools deliver meaningful, fun competition. Ideal for intra and inter school competitions, download the [ESTTA Butterfly School League toolkit](#).
- **Community Table Tennis Club:** we can support schools who would like to link with local clubs to provide an exit route for young players.

Volleyball England

Let's Play Volleyball

[Let's Play Volleyball](#) is Volleyball England's holistic National Youth Programme. On the court, **Let's Play Volleyball** is a game-based method where a small sides (2v2, 3v3, 4v4) are used to take young players sequentially through the essential skills needed to become a competent Volleyball player.

Staff CPD: Volley Sport

This 4 hour course is designed for teachers who have little or no experience of volleyball and are working at Key Stage 1 and 2. The course will introduce you to the fundamentals of movement and sending/receiving skills through the development of basic tactical concepts for attacking and defending.

You can find out more on the [Volleyball England website](#) or to find a course near you, use the [course finder](#) tool.

Resources

Volleyball England offers a series of Let's Play Volleyball festivals, resources and coaching courses to support any coach or school teacher delivering Volleyball to young players. You can [find out what's on offer](#) on their website.

Badminton England

Badminton provides an environment for fun, fitness, social interaction and competition. The Bisi Programme is endorsed by Badminton England and offers the first step to progress from just starting out to becoming a medal winner.

The Racket Packet

Badminton England is piloting a new primary school programme in November 2016. The Racket Pack will take a similar format to Bisi Badminton providing lesson plans and supporting resources for teachers and coaches.

Resources will be available via an online platform with the ability for teachers and coaches to create their own lessons. In-class technical videos will also be available to view encouraging correct technique. Information will follow soon.

Staff CPD

Please [contact](#) Badminton England for further information.

Basketball England

Basketball England wants to build a supportive learning environment by encouraging children to work together to achieve their learning objectives. By promoting inclusiveness, young people work best in flexible groups, while engaging in specific basketball-based tasks based on ability and appropriate challenges. Read more about [Basketball England's mission for Primary Schools](#).

Mini-Basketball England

Mini-Basketball is a game of skill rather than strength; a mixed activity in which boys and girls are able to play alongside each other. The game offers the opportunity to develop the important skills of running, jumping, change of speed and direction, handling a ball and shooting at a target.

Visit the [Mini-Basketball website](#) to find out how your school can get involved.

Staff CPD

You can click on the links below for more information on CPD opportunities:

- [Teacher information](#)
- [Mini Basketball CPD](#)

all4ball

- The [all4ball resource](#) from Basketball England is the essential Key Stage 2 Primary School Basketball delivery guide.
- The all4ball resource has been written with the Primary School Curriculum in mind and requires no prior basketball knowledge or experience to deliver.
- The resource comprises of 26 cards and contains 8 full sessions. Each session plan includes a warm up, main activities, conditioned/modified games culminating in the delivery of an all4ball IM basketball tournament.

Football

The FA aims to develop better and more technically gifted football players whilst giving every child the opportunity to be the best that they can be.

The FA's approach to coaching is child-centered, for all ability levels and focuses on individual boys and girls learning needs. The coach's aims are to develop the technique, ball skills and the confidence of children in Primary Schools whilst passing on invaluable lesson ideas and guidance on football coaching to your teachers.

FA Skills Programme

The [FA Skills Programme](#) works in over 1,000 Primary Schools a year, providing specialist football skills coaching for children and their teachers. The coaches typically work with a Primary School one day a week for the duration of half a term, providing specialist, age appropriate coaching for all ages from years 1 to 6.

Staff CPD

The FA offers [Skills Centres](#) for children who want to develop their skills further and a [Primary Teachers Award](#) for teachers to learn the skills they need during a lesson, with no need to take time out of their day.

Online Resources

FA Skills coaches aim to pass on invaluable lesson ideas and guidance on football coaching to Primary School teachers. You can [download lesson plans and game cards](#) to help you set goals and targets for your pupils.

Saints Foundation

The Charity has 10 years' experience of delivering the P.E curriculum in schools. With a robust CPD programme for coaches that includes managing behaviour, and a positive relationship with Hampshire

County Council's Outdoor Education P.E and School Sport Service, the Charity is focused on ensuring a high quality sports provision for the next generation.

After School Programme

We want to get pupils excited about sport through our curriculum delivery programme and encourage them to develop sporting habits beyond the school day. We offer after school clubs tailored to suit the needs and facilities of the school. [Find out what we have to offer](#) on our website.

Golf Foundation

[The Golf Foundation](#) wants to support Physical Education and Extra-Curricular School Sport in Primary Schools because we believe golf can make a positive contribution to the development of young children in education.

Through Tri-Golf, specifically designed for Primary age pupils, it:

- Places a strong emphasis on life skills such as honesty, respect, co-operation and leadership.
- Encourages pupils to develop an understanding of right and wrong.
- Provides opportunities for pupils to apply their numeracy and literacy skills in PE.

[Find out more](#) about Tri-Golf.

Staff CPD

- 2 hour CPD [workshop](#) for teachers with a focus on Ofsted outcomes and the new programme of study, practical activities, inclusion, life skills and Level 1 School Games - £20 per a teacher.
- Teacher training CPD manual containing 6 week scheme of work, Level 1 School Games competition activities, ideas on building a school golf course, posters and suggestions for non-participants.
- Activity cards that reference PE activities as well as ideas for numeracy, literacy and SMCS.

Rugby

"Thousands of young people of all shapes and abilities play rugby throughout the nation every week of the season."

Schools want to engage all children in their learning, school life and healthy activity. Rugby Union gives you support to do this through an attractive and engaging team game which children want to take part in, even if they don't fancy playing it.

Kids First Rugby

- Provide a progressive player pathway that will enhance the way in which our players are developed in a more incremental manner.
- Provide a game which is in-line with the principles of Child Development based on extensive research and expertise.
- Increase involvement of all players.
- Emphasis on competitive performance not competitive outcome.
- Encourage less structure (encourage skills and discourage fear of failure).
- Make the game easier to understand and referee.

[Read about our support for primary sport.](#)

Staff CPD

- [Rugby World Cup NEW England Teacher Resource](#)

- RFU [Primary Staff Development resources, teaching guide and lesson plans](#)
- [Latest courses](#).

Tennis

The LTA and the Tennis Foundation have a range of resources available for Primary Schools and also for teachers.

Mini Tennis

Children between 3-10 years old can now get stuck into the world of tennis with an exciting programme from the LTA sponsored by Highland Spring.

With smaller courts, nets, rackets and lower bouncing balls, [Highland Spring Mini Tennis](#) offers the perfect introduction to the sport, with all the fun and energy of the real thing.

Staff CPD

The [Tennis Foundation](#) offers free Teacher Training Courses (3 hours). These have been developed to give teachers confidence and tools to deliver Tennis to a class. There are 4 Teacher Training Courses that Teachers can attend for **free!**

- Primary
- Secondary
- Inclusive
- Cardio

You can [download an online guide to schools tennis](#) from the Tennis Foundation website.

Schools can [register with the Tennis Foundation](#) to gain access to downloadable resources.

Swimming

It's the [ASA's](#) responsibility to collaborate with primary schools and provide the support and training required to deliver high quality swimming lessons, with the goal of not only meeting but exceeding the National Curriculum minimum standards set down by the Department for Education.

Fundamental and Aquatics Blended Swimming Courses

Energise Me are hosting a Fundamental and Aquatics blended swimming course. This course consists of specialised theory and practical sessions to ensure primary school teachers and anyone else involved in school swimming delivery feels confident and is equipped with the right skills and knowledge.

Brune Park Community School, Gosport, PO12 3BU

Session 1: Thursday 10 November 2016, 4-6pm

Session 2: Thursday 24 November 2016, 4-7pm

Session 3: Thursday 08 December 2016, 4-7pm

£140pp

8 hours face-to-face tutoring time, access to online resources.

For more information or to book please email alannah.stephenson@energiseme.org

The ASA School Swimming Charter

The [School Swimming Charter](#) has been developed by the ASA to help save lives by ensuring children are safe in the water.

"The ASA is inviting primary schools to join in partnership with them to commit to Taking School Swimming Seriously."

Staff CPD

Develop your school swimming team with the [National Curriculum Training Programme](#) (NCTP). The programme gives school staff the right skills and knowledge to deliver high quality school swimming lessons to help ensure that your school not only meets but exceeds the National Curriculum requirements.

You can find out more about [courses and development for teachers](#) from the ASA website or you can email schoolswimming@swimming.org

Online Resources

The ASA have provided a range of useful [school swimming resources](#) to help improve school swimming lessons.

Lacrosse

'POP' is the Lacrosse game for Primary Schools. It's a non-contact version of Lacrosse which uses inexpensive plastic-headed sticks and oversized Lacrosse balls. 'POP' has been used in primary schools since the 1980s and has become increasingly popular for years 4-6. It's great for delivering invasion skills within the Physical Literacy PE Curriculum.

- [Free Lacrosse Coaching Resources](#)
- [Lacrosse 'POP' Rules + Free Downloadable Booklet](#)

If you'd like to get involved with 'POP' Lacrosse or need support please contact [Helen Murray](#).